

OCA & FCC PRESENT:
Asian American in 2018
IDENTITY · CHALLENGES · OPPORTUNITIES

*Microaggressions &
Identity Matters
workshops*



**“Where Are You ‘Really’ From?”
And Other Microaggressions from a Kid’s
Perspective**

workshop for Tweens & Young Teens

Microaggression, Noun: A subtle but offensive comment or action directed at a minority or other non-dominant group that is often unintentional or unconsciously reinforces a stereotype: such as “Who are your “real” parents?” or “You were lucky to be adopted.” How do you prepare to go out in the world and deal with unsolicited comments about race or being adopted? In this workshop, Amanda will use interactive activities to help identify microaggressions, strategies for dealing with them, and how to navigate our increasingly racially charged society.

Dr. Amanda Baden

Amanda is a Professor and the Graduate Program Coordinator in the graduate Counseling Program at Montclair State University in Montclair, NJ. She teaches and advises students in the Master’s and the PhD programs. She is trained as a counseling psychologist and earned her PhD at Michigan State University. Amanda has both personal and professional experience with adoption. She was adopted from Hong Kong and raised in a transracially adoptive family. Her experiences both personally and professionally have led her to focus her research and clinical practice on adoption triad members, transracial/international adoption issues, racial and cultural identity, and multicultural counseling competence. Amanda has written extensively on adoption issues including having created a model of identity for transracial and international adoptees called the Cultural-Racial Identity Model. She is one of the editors of the book entitled, *The Handbook of Adoption: Implications for Researchers, Practitioners, and Families*.

Amanda is the co-chair of the Biennial Adoption Conferences held by the Adoption Initiative at St. John’s University in NYC. She serves on several advisory boards for adoption organizations including the Adoption Initiative, Families with Children from China, Chinese Adoptee Links, and the Chinese Adult Adoptee Worldwide Reunion. She was a regular columnist for Families with Children from China journals across the US and Canada and for Mei Magazine (project now ended), a publication for Chinese adopted children. In 2005, Amanda was chosen by her Congressman, Jerrold Nadler, and the Congressional Coalition on Adoption Institute, as an Angel in Adoption.

She was the recipient of the John D. Black Award in 2014 for the Outstanding Practice of Counseling Psychology and was named the Outstanding Graduate Advisor for Montclair State University in 2017. Amanda served as a Senior Fellow for the Donaldson Adoption Institute, an independent adoption research and policy organization. She is currently on the Advisory Board for the Rudd Adoption Research Program at the University of Massachusetts-Amherst. She also serves as a Board Member for the New York State Board of Psychology. She is on the editorial boards of the journals: *Adoption Quarterly* and *Journal of Social Distress and the Homeless*.

Amanda’s clinical specializations include counseling adoption triad members, transracial adoptees, and individuals having multiracial backgrounds. She lives in NYC and is a licensed psychologist with a clinical practice in Manhattan.

Identity Matters

The Quest for the “Authentic” Self
workshop for Adults

This workshop will focus on understanding the complex intersection of race, culture, and adoption in the lives of families. Using various experiential activities along with an interactive and engaging style of discourse, Amanda will present topics including racial consciousness, privilege, adoption awareness, and the identity journey for adoptive families. This workshop will facilitate an understanding of experiences of adopted children as they navigate racial, cultural, and adoption issues throughout the lifespan.

