

OCA & FCC PRESENT:

# *Asian American in 2018*

IDENTITY · CHALLENGES · OPPORTUNITIES

## *Communication Skills Workshop for Young Adults* (capped at 20 participants)



To be an effective professional in today's world, you need to have good communication skills.

Communication is not only what you say, but how you say it and how well you listen. You also need to be observant to pick up on subtle cues in body language and understand group dynamics. This is increasingly difficult with today's ubiquitous use of technology. While it may be more convenient to email, text, and do conference calls, these channels reduce in-person interactions and thus may limit people's ability to understand the context in which something is said or written. Many people seem to focus on IQ during their academic years, but EQ, or Emotional Intelligence, is arguably as important if not more important in the workplace. The purpose of this workshop is to help young adults improve their in-person communication skills, develop their EQ and learn to work more effectively in a team environment. In the workplace, people have different views, opinions and values. They also have different styles of working with each other. Often times, there are many ways of doing something and there is no clear right or wrong way. How well can you work with others, especially with people who are different from you?



### **Ying Yen**

Our Future Leaders

Ying is Founder and President of Our Future Leaders Inc., a nonprofit organization dedicated to building leadership skills in children and young adults. She is also Founder and CEO of A Brighter Future LLC, a children's education business teaching public speaking and presentation skills since 2007. It owns and operates Drama Kids International in Manhattan. Drama Kids International is a worldwide program focused on building public speaking and presentation skills in young children with more than 50,000 students enrolled in over 20 countries. Using what she has learned from working in various industries and as an entrepreneur, Ying has developed professional skills training workshops geared towards children, teenagers and young adults. Her passion is to work with children and young adults to develop the skills needed to be successful leaders in the future.

She is currently the Executive Director of New York Chinese Cultural Center, a nonprofit organization dedicated to promoting Chinese culture and arts in local and global communities.

Ying received her BA from Columbia College, Columbia University graduating summa cum laude and received her MBA from The Wharton School, University of Pennsylvania. She lives with her husband and two children in New Jersey. Contact Information: [yinghyen@gmail.com](mailto:yinghyen@gmail.com) | 917-886-2662